LESSON WORKSHEET / PURPOSE

Know Why You Build

The lesson

Without purpose, discipline eventually collapses.

Builder's Move

Write down the reason behind your current season of building.

Reflection

Why does this matter enough to continue?

My action and when I will do it: _____

What I did: _____

What I learned: _____

My next move: _____

Let's continue the build.

Source: existing approved Walk & Talk lesson copy. This worksheet does not establish that the lesson has been published as an Instagram reel. Video match pending.

Continue into your starting planner